

MAY 2022

Sacred Heart School



Preschool- WG Bread and 1% White Milk
Yogurt – Fruit- Vegetables- WG Bread
Milk 1% White and Skim Chocolate
This institution is an equal opportunity provider



May is National Egg Month. Eggs can be eaten in a salad, as part of a breakfast sandwich, as an omelet, mixed into fried rice or simply boiled, fried or scrambled.
How do you like to eat eggs?

MONDAY

Pulled Pork sandwiches
Corn
Peaches

2

TUESDAY

Chicken strips
Green beans
Pears

3

WEDNESDAY

Pancakes
Egg patty
Potato triangle
Fruit cup

4

THURSDAY

Cheese pizza
Carrots
Mixed fruit

5

FRIDAY

NO SCHOOL

6

Chicken nuggets
Green beans
Mixed fruit

9

Hamburger patty
Bun
Baked beans
Peaches

10

Cheese bread
Marinara sauce
Broccoli
Pineapple

11

BBQ rib patty on bun
Carrots
Pears

12

Chicken Alfredo
Noodles
Corn
Mandarin oranges

13

Turkey gravy
Mashed potatoes
Bread
Pears

16

Chicken patty on bun
Corn
Pineapple

17

Spaghetti
Meat sauce
Broccoli / Bread
Mixed fruit

18

Corn dog
Green beans
Peaches

19

Turkey sub
Baby carrots
Apple sauce

20

French toast
Potato triangle
Sausage
Fruit cup

23

Walking taco
Corn
Peaches

24

Popcorn chicken
Green beans
Mixed fruit

25

Pepperoni pizza
Peas
Pears

26

Hot dog on bun
French fries
Mandarin oranges

27

Memorial Day
NO SCHOOL

30

NO SCHOOL

31

