

December 1, 2020



The mission of Sacred Heart School is to promote life-long learning and Christ centered values in a Catholic setting.

UPCOMING EVENTS

November 26-29, No School
THANKSGIVING BREAK!

December 4 No School-Staff Day

December 19-January 3, No School
CHRISTMAS BREAK!

Homework

There's no need to battle with your child over homework. Far too many parents feel that it's their job to make their kids do all of their work. As a result, they find themselves in un-winnable power-struggles with their kids. Even sadder, their children begin to see learning as frustrating and bad thing.

Give yourself a break! Listed below are some guidelines for upping the odds that your child will view you as a homework ally...rather than an educational enemy:

Help only when your child truly wants it.

Help only as long as you are enjoying the process. As soon as anger and frustration enters the equation, you run the risk of having your child associate learning with these uncomfortable emotions.

Avoid creating unhealthy dependency. Tell your child, "I'm going to let you work on your own most of the time so that you will know that you can learn even when I am not sitting next to you."

Help only as long as your child is working harder than you are.

Please remember to send students everyday with a mask, coat, snow pants, boots, mittens, and hat. We will play outside daily if the temp and/or windchill is above zero.

A Message from the Principal

As we prepare for a very unusual Advent and Christmas Season, let us reflect on the many gifts we have received this year in spite of the pandemic. Life was so busy prior to COVID-19 and families often didn't have time to enjoy being home, to sit together for meals, or simply play games.

Our days have been a challenge, however, also a blessing as it has allowed us to slow down and enjoy the simple things life has to offer. Maybe we will learn that we don't need to go on expensive vacations, out for dinner, to movies, and all the other things we thought were so necessary.

Family and time with loved ones should be our focus. However, as parents we want our children to feel the excitement and sparkle of the season, always with Christ in the center.

During these days ahead take time each night at your child's bedtime, or first thing each morning, make a small cross on your child's forehead with your thumb. This simple, silent and powerful gesture is a reminder that Christ is the center of not only this season but your entire life. You may find that this simple ritual may be something you want to do throughout your child's growing years. Your child will never forget this simple daily parental blessing.

May you and your family have a Joyous Advent and Christmas Season.

LeAnn Dahle

SACRED HEART COVID GUIDELINES FOR FAMILIES

Parent/Guardian Expectations

Conduct student COVID wellness check, including temperature, prior to reporting to school. Student with a temperature over 100 F must stay home.

Student must be fever-free without the use of medications (Advil, Tylenol) for 72 hours before returning to school.

Students must arrive to school wearing a mask as mandated by the state of Minnesota.

Daily provide your students with a filled non-glass water bottle as water fountains will not be available for use. Water bottles will be sent home daily to be sanitize, filled and returned the next day for use at school.

Entrance into the school building will be limited to staff and students to ensure the health and safety of all. Contact the school office 507-835-2780 if you need assistance. We will meet you at door 5N.

Follow postage signage on all entrance doors.

Complete the required waiver prior to the first day of school. Students without a waiver will not be allowed to start school.

Parents/guardians will not be permitted to join students for lunch.

Support the school by reminding your child to follow physical distancing recommendations.

Make sure you are receiving emails and School Messenger calls. Read all communication from the school and teachers.

Complete the emergency contact sheet found in your parent folder.

Student Expectation

Students will wear a face mask/covering as mandated by the state.

Students will bring a water each day in a non-glass bottle as water fountains will not be available for use.

Students will be reminded to follow physical distancing throughout most of the day. Students will be asked to wash hands and use sanitizer numerous times throughout the day.

Students will be reminded to follow guidelines and signage throughout the building. Students will follow teacher directions for bathroom, hallway, and locker use. Students are asked not to share supplies with other students. If a supply is shared, then it will be cleaned.

Students may be asked to help clean their desk and/or common areas in their classroom.

Students will eat lunch at staggered time, numbers will be limited, and students will need to sit at designated spots.

THANK YOU FOR YOUR ON GOING SUPPORT AND DILIGENCE!