

February 1, 2019



The mission of Sacred Heart School is to promote life-long learning and Christ centered values in a Catholic setting.

A Message from the Principal

Happy Valentine's Day! Here's a way to share our faith with our children. Welcome yet one more chance to help your child focus on love. Now on the heels of Christmas, here comes Valentine's Day. A day for love and gift-giving, *again*. The close association of Christmas and Valentine's Day actually serves as a way to continue an active focus on the theme of love and charity.

So go ahead! Buy those boxes of little "Be Mine" cards and help your child begin to prepare them for family, friends and classmates. As you did at Christmas, talk about love and what it means and how we express it no matter what season it is. Begin to plan your special Valentine's Day treats and events. You even have time to help your child make homemade things for special people.

The holiday colors of green and red turning to white and red is a great time for us to show our children that love knows no season.

LeAnn M. Dahle

Important Information

STUDENT DROP OFF AND PICK UP/PARENT PARKING...I would like to thank you for following the student drop off/pick up procedure. A reminder that parents needing to enter the school building between the hours of 7:00 a.m. and 4:30 p.m. should park on the west road (4th Street) between the school and church. This parking is reserved for parents with pre-school children, children in SHARP, or needing to enter the building to take care of business with the office or classroom teacher. **Parents who do not need to enter the building should continue to utilize the drop off zone on the north side of the parish center to drop off/pick up students before and after school. PLEASE DO NOT PARK IN FRONT OF THE CONES BETWEEN THE TWO BUILDINGS!!! THIS IS NOT A DROP OFF ZONE!!!**

SAFETY REMINDER CONCERNING VEHICLES RUNNING AND CHILDREN...Parents would you leave a million dollars in a running vehicle unattended? I'm guessing not, yet I see parents leaving children in running vehicles unattended. Please, our children are worth far more than a million dollars and should not be left unattended in vehicles. According to Waseca County Human Services, the Waseca Police Department will address calls regarding children left alone in vehicles.

DRESS RECIPE FOR MINNESOTA...1 pair boots, 1 pair mittens, 1 warm jacket, 1 hat, 1 pair snow pants, and 1 good breakfast-Mix together and apply on child with love before starting out for school or play. Children have been coming to school without appropriate winter clothing. Please make sure your child is dressed for our Minnesota winters. We will go outside for recess daily if the temperature/wind-chill is above zero degrees. Keep in mind that snow pants and boots not only keep children dry when there is snow, but also warm when there is no snow. If your child needs warm clothing, please notify LeAnn Dahle (835-2780).

INFLUENZA...Influenza is a contagious respiratory disease. It is caused by a virus that attacks the nose, throat, and lungs, but is different from a cold. Symptoms come quickly in the form of fever, headache, tiredness, dry cough, sore throat, nasal congestion, and body aches. Gastro-intestinal symptoms, such as nausea, vomiting, and diarrhea, are more common among children. Things that you can do to avoid getting a virus and to help prevent the spread of viruses are:

- Avoid close contact with people who are sick. When sick, keep your distance from others to protect them from also getting sick.
- Stay home when you are sick. If your child has a temp of 100 degrees or higher, they must stay home from school until they have been fever free for 24 hours. This is for your protection as well as everyone else's.
- Cover your nose and your mouth with a tissue when coughing or sneezing. This will help prevent the spread of viruses.
- Washing your hands often will help protect you from germs.
- Avoid touching your eyes, nose or mouth. Germs are often spread when a person touches something that is contaminated with germs and then touches their eyes, nose, or mouth.

SACRED HEART PARENT CHECKLIST

My child arrives at school on time. **A reminder that school begins at 8:00 a.m. repeated tardiness is a truancy issue.**

My child eats breakfast every morning before school.

I check my child's backpack each day.

My child is in school each day unless sick.

I check my child's homework.

My child reads 15 minutes 5 nights a week.

I make education a priority in my household.

KINDERGARTEN OPEN HOUSE

Tuesday, March 12, 6:00 p.m.

DON'T MISS THIS OPPORTUNITY

Come for a short presentation, tour of the school, meet the principal and teachers, ask questions, and visit with current Sacred Heart parents.

REGISTRATION PACKETS WILL BE AVAILABLE

Visit us online at www.sacredheartschoolwaseca.com

UPCOMING EVENTS

Wednesday, February 6, 8:30 a.m. Mass

Wednesday, February 13, 8:30 a.m. Mass

1:15 p.m. Early Dismissal

Thursday, February 14, Valentine's Day

Monday, February 18, President's Day-No School

Wednesday, February 20, 8:30 a.m. Mass

Wednesday, February 27, 8:30 a.m. Mass

Monday, March 4, Staff Day-No School

Ash Wednesday, March 6, 8:30 a.m. Mass

Tuesday, March 12, 6:00 p.m. Kindergarten Registration

Wednesday, March 13, 8:30 a.m. Mass

Wednesday, March 20, 8:30 a.m. Mass

1:15 p.m. Early Dismissal

Tuesday, March 26, 3-7p.m. Parent/Teacher Conferences

Wednesday, March 27, 8:30 a.m. Mass

Thursday, March 28, 3-7p.m. Parent/Teacher Conferences

Friday, March 29, Staff Day-No School

Wednesday, April 3, 8:30 a.m. Mass

Wednesday, April 10, 8:30 a.m. Mass

1:15 p.m. Early Out