

January 2, 2019



*The mission of Sacred Heart School is to promote life-long learning and Christ centered values in a Catholic setting.*

## A Message from the Principal

Good communication with children in our care is vital if we are to be successful as parents and as teachers. That being true, we must recognize that communication involves more than just words, and even words are subject to differing interpretations. Silence itself can be a form of communication.

What is actually said may not convey what was really meant; and what the listener hears, or thinks he hears, may not be what was really said. Add the fact that words are colored by the speaker's tone and inflection, and are reinforced (or even contradicted) by body language. The result may very well be misunderstanding.

"How did you do at school today?" can seem accusatory, or it can sound like an automatic comment requiring little response. Instead, make your questions specific enough to show genuine interest and elicit more comment from your child. "Tell me about your day." "How did you feel about that?" "How can I help?"

Communication is talking, listening, attempting to understand, and seeing things from the other's view-point in total honesty and openness. It can be either verbal or nonverbal. It can lift the spirit of another, or it can be devastating.

Perhaps we all need to think about our interactions with children and each other and let communication become an enriching and healing factor in our lives.

*LeAnn M. Dahle*

### Important Information

**REPORT CARDS...**The elementary report card is used to communicate with families with regard to student progress toward standard learning expectations for each grade level. The report card is intended to inform families about students' learning successes, areas of need, and continued opportunities for growth. It's just one of the many ways we communicate with you about your child/ren's performance and progress. We have created new report cards to reflect these standard learning expectations for students at each grade level. Report cards will be completed on Friday, January 25, 2019. The report cards will be mailed the following week. Please contact LeAnn Dahle, at 835-2780 if you have any questions. We would encourage and appreciate your feedback as this will be our first go around with the new format. We thank you for your ongoing support and feedback!

**ATTENTION PARENTS OF PRESCHOOL CHILDREN...**In order for your child to start kindergarten in Minnesota, you are required to provide your school with your child's Early Childhood Screening Summary, Birth Certificate, and an Immunization Record. Earlier is better! If your child is 3, 4 or 5 years old and has not been checked for health and developmental status, please contact ECFE to schedule an appointment 835-2222.

**DRESS RECIPE FOR MINNESOTA...**1 pair boots, 1 pair mittens, 1 warm jacket, 1 hat, and 1 pair snow pants, 1 good breakfast-Mix together and apply on child with love before starting out for school or play. Children have been coming to school without appropriate winter clothing. Please make sure your child is dressed for our Minnesota winters. We will go outside for recess daily if the temperature/wind-chill is above zero degrees. Keep in mind that snow pants and boots not only keep children dry when there is snow, but also warm when there is no snow and when walking to the lunchroom each day. If your child needs warm clothing, please notify LeAnn Dahle (835-2780).

**WHEN YOUR CHILD IS SICK...**You can help your child feel better by easing their symptoms. For a fever, give acetaminophen (like Tylenol) and bathe them in cool water. Give your child lots of extra rest in bed. For a sore throat, offer your child popsicles or sherbet. Give your child lots of water and fruit juices to help with a runny nose and cough. For a stuffy nose, try saline nose drops, a cool mist vaporizer, or warm steam in the bathroom. Be sure to call the clinic if your child has a cough that is getting worse, has difficulty breathing, is getting sicker, has a persistent fever, has a headache or neck pain, is irritable and not consolable, or if you have any questions about your child's health. **Do not send your child to school until they are fever free without the use of acetaminophen. Never use antibiotics unless prescribed by a doctor. A reminder that students are not allowed to use cough drops or throat lozenges in school.**

### SACRED HEART PARENT CHECKLIST

My child arrives at school on time. **A reminder that school begins at 8:00 a.m. repeated tardiness is a truancy issue.**

**My child eats breakfast every morning before school.**

I check my child's backpack each day.

My child is in school each day unless sick.

I check my child's homework.

My child reads 15 minutes 5 nights a week.

I make education a priority in my household.

### Catholic Schools Week

January 27-February 1, 2019

***Catholic Schools: Learn. Serve. Lead. Succeed.***

Since 1974, National Catholic Schools Week is the annual celebration of Catholic education in the United States. It starts on the last Sunday in January and runs all week. The theme for National Catholic Schools Week 2019 is "Catholic Schools: Learn. Serve. Lead. Succeed." Schools typically observe the annual celebration week with Masses, and activities for students, families, parishioners and community members. Through these events, schools focus on the value Catholic education provides to young people and its contributions to our church, our communities, and our nation.

Sacred Heart School and Children's House Montessori will kick off Catholic Schools Week on Sunday, January 27, with Dad's Belgian Waffle Breakfast, 8:30a.m. to Noon in Nativity Hall, Mass at 10:00 a.m., Early Bird Bingo at Noon followed by Super Bingo at 2:00 p.m. at *The Mill*. Please mark your calendar to participate in the activities that day. We will need parent and student volunteers to help with the breakfast, to lead in liturgy, and work Super Bingo. Contact the school office, 835-2780 if you are available to help with any of these events that day.

The teachers will be planning activities to help celebrate the week. Details will be sent at a later date.

**COLD WEATHER...**Please dress your child/ren with appropriate winter clothing every day. We do play outside every day except when the actual temperature and or wind-chill are below zero degrees.

**SCHOOL CLOSING...**In the event of severe winter weather, we follow the same schedule as the Waseca Public Schools. Please follow the directions given by the superintendent of Waseca Public Schools, and **School Messenger**. You may also listen to WCCO, KOWO/STAR 92.1, and KEEZ radio. You may also view school closures on WCCO, KSTP, and KARE TV stations. You may also check the school website [www.sacredheartschoolwaseca.com](http://www.sacredheartschoolwaseca.com) and Facebook page.

**SCHOOL MESSENGER PROGRAM...**School Messenger Program will be utilized this year for school closures, late starts and early dismissals due to inclement weather. We have programmed the two numbers provided on your emergency form to receive these notifications. The School Messenger Program will also be used for reminders regarding upcoming school and parish events. Please notify the school office (835-2780) if you'd like your number removed from the program or if you'd like any additional numbers added. Thank you!

## UPCOMING EVENTS

Wednesday, January 2 8:30 a.m. Mass  
Wednesday, January 9 8:30 a.m. Mass  
Wednesday, January 16 8:30 a.m. Mass  
**Wednesday, January 16 1:15 p.m. Early Dismissal**  
Wednesday, January 23 8:30 a.m. Mass  
**Thursday, January 24 End of the First Semester**  
**Friday, January 25 No School-Staff Day for Report Cards**

**Sunday, January 27 Dad's Belgian Waffles 8:30a.m. to Noon**  
**Sunday, January 27 SHS Host 10:00 a.m. Mass**  
**Sunday, January 27 Early Bird Bingo Noon at The Mill**  
**Super Bingo 2:00 p.m. at The Mill**

**Wednesday, January 30 8:30 a.m. Mass**

**CATHOLIC SCHOOLS WEEK**  
**JANUARY 27-FEBRUARY 1, 2019**

## Stewardship

*A Christian Steward is "one who receives God's gifts gratefully, tends them in a responsible and accountable manner, shares them in justice and love with others and returns them with increase to the Lord."*

Each of us have received gifts from God, let us use them to serve one another as good stewards of God. Please remember that every family needs 20 hours of volunteer service for the parish or school during the year. As a member of the parish, we ask that each family contribute a minimum donation of \$1,500.00 church support for the year.