

January 4, 2018



The mission of Sacred Heart School is to promote life-long learning and Christ centered values in a Catholic setting.

A Message from the Principal

Good communication with children in our care is vital if we are to be successful as parents and as teachers. That being true, we must recognize that communication involves more than just words, and even words are subject to differing interpretations. Silence itself can be a form of communication.

What is actually said may not convey what was really meant; and what the listener hears, or thinks he hears, may not be what was really said. Add the fact that words are colored by the speaker's tone and inflection, and are reinforced (or even contradicted) by body language. The result may very well be misunderstanding.

"How did you do at school today?" can seem accusatory, or it can sound like an automatic comment requiring little response. Instead, make your questions specific enough to show genuine interest and elicit more comment from your child. "Tell me about your day." "How did you feel about that?" "How can I help?"

Communication is talking, listening, attempting to understand, and seeing things from the other's view-point in total honesty and openness. It can be either verbal or nonverbal. It can lift the spirit of another, or it can be devastating.

Perhaps we all need to think about our interactions with children and each other and let communication become an enriching and healing factor in our lives.

LeAnn M. Dahle

Important Information

PARENT/TEACHER CONFERENCES...Parent/Teacher Conferences will be held on Tuesday, January 30, and Thursday, February 1, 3:30-7:00 p.m. Your scheduled time will be the same as your fall conference time. A reminder with your scheduled time will be sent the beginning of next week. Contact the school office if the scheduled time does not work for you.

SCHOLASTIC BOOK FAIR...The Scholastic Book Fair will be open January 30, and February 1, 2018 during Parent/Teacher Conferences in Room 108 on first floor of the school. Book Fair hours will be 3:00-7:00 p.m. both days.

ATTENTION PARENTS OF PRESCHOOL CHILDREN...In order for your child to start kindergarten in Minnesota, you are required to provide your school with your child's Early Childhood Screening Summary, Birth Certificate, and an Immunization Record. Earlier is better! If your child is 3, 4 or 5 years old and has not been checked for health and developmental status, please contact ECFE to schedule an appointment 835-2222.

DRESS RECIPE FOR MINNESOTA...1 pair boots, 1 pair mittens, 1 warm jacket, 1 hat, and 1 pair snow pants, 1 good breakfast-Mix together and apply on child with love before starting out for school or play. Children have been coming to school without appropriate winter clothing. Please make sure your child is dressed for our Minnesota winters. We will go outside for recess daily if the temperature/wind-chill is above zero degrees. Keep in mind that snow pants and boots not only keep children dry when there is snow, but also warm when there is no snow and when walking to the lunchroom each day. If your child needs warm clothing, please notify LeAnn Dahle (835-2780).

WHEN YOUR CHILD IS SICK...You can help your child feel better by easing their symptoms. For a fever, give acetaminophen (like Tylenol) and bathe them in cool water. Give your child lots of extra rest in bed. For a sore throat, offer your child popsicles or sherbet. Give your child lots of water and fruit juices to help with a runny nose and cough. For a stuffy nose, try saline nose drops, a cool mist vaporizer, or warm steam in the bathroom. Be sure to call the clinic if your child has a cough that is getting worse, has difficulty breathing, is getting sicker, has a persistent fever, has a headache or neck pain, is irritable and not consolable, or if you have any questions about your child's health. **Do not send your child to school until they are fever free without the use of acetaminophen. Never use antibiotics unless prescribed by a doctor. A reminder that students are not allowed to use cough drops or throat lozenges in school.**

SACRED HEART PARENT CHECKLIST

My child arrives at school on time. **A reminder that school begins at 8:00 a.m. repeated tardiness is a truancy issue.**

My child eats breakfast every morning before school.

I check my child's backpack each day.

My child is in school each day unless sick.

I check my child's homework.

My child reads 15 minutes 5 nights a week.

I make education a priority in my household.

CATHOLIC SCHOOLS WEEK

January 28-February 2, 2018

Communities of Faith, Knowledge, and Service

Sacred Heart School and Children's House Montessori will Catholic Schools Week January 28-February 2, 2018. We will kick off our Celebration with Dad's Belgian Waffle Breakfast on Sunday, January 28, 8:30-Noon in Nativity Hall. Sacred Heart School will host Liturgy on Sunday, January 28, at 10:00 a.m. Please contact the school office if your child/ren would like to participate in liturgy that weekend as an altar server, cross bearer, reader, or gift bearer.

We will celebrate the week with activities each day. A schedule of events for the week will be sent home the beginning next week.

Sacred Heart School has the unique opportunity to participate in the Catholic United Financial raffle this year. The raffle is sponsored by Catholic United Financial, a fraternal group whose mission is to promote and support Catholic Education. We will kick off the raffle on Wednesday, January 31, following our all school liturgy. Please join us by celebrating Mass at 8:30 a.m. followed by rolls, coffee, and juice in Nativity Hall hosted by the council. Mike Matuska from Catholic United Financial will be present to explain the raffle and the benefits we receive by having a local council.

COLD WEATHER...Please dress your child/ren with appropriate winter clothing every day. We do play outside every day except when the actual temperature and or wind-chill are below zero degrees.

SCHOOL CLOSING...In the event of severe winter weather, we follow the same schedule as the Waseca Public Schools. Please follow the directions given by the superintendent of Waseca Public Schools, and **School Messenger**. You may also listen to WCCO, KOWO/STAR 92.1, and KEEZ radio. You may also view school closures on WCCO, KSTP, and KARE TV stations. You may also check the school website www.sacredheartschoolwaseca.com and Facebook page.

SCHOOL MESSENGER PROGRAM...School Messenger Program will be utilized this year for school closures, late starts and early dismissals due to inclement weather. We have programmed the two numbers provided on your emergency form to receive these notifications. The School Messenger Program will also be used for reminders regarding upcoming school and parish events. Please notify the school office (835-2780) if you'd like your number removed from the program or if you'd like any additional numbers added. Thank you!

UPCOMING EVENTS

Wednesday, January 3, 8:30 a.m. Mass
Wednesday, January 10, 8:30 a.m. Mass
Wednesday, January 17, 8:30 a.m. Mass
Wednesday, January 17, 1:15 p.m. Early Dismissal
Wednesday, January 24, 8:30 a.m. Mass

Sunday, January 28, Dad's Belgian Waffles 8:30a.m. to Noon
Sunday, January 28, SHS Host 10:00 a.m. Mass

Tuesday, January 30, 3:30-7p.m. Parent/Teacher Conferences
3-7p.m. Scholastic Book Fair Room 108
Wednesday, January 31, 8:30 a.m. Mass followed by rolls and coffee
Catholic United Financial Raffle Kick Off
Thursday, February 1, 3:30-7p.m. Parent/Teacher Conferences
3-7p.m. Scholastic Book Fair Room 108

CATHOLIC SCHOOLS WEEK
JANUARY 28-FEBRUARY 2, 2018

Stewardship

A Christian Steward is "one who receives God's gifts gratefully, tends them in a responsible and accountable manner, shares them in justice and love with others and returns them with increase to the Lord."

Each of us have received gifts from God, let us use them to serve one another as good stewards of God. Please remember that every family needs 20 hours of volunteer service for the parish or school during the year. As a member of the parish, we ask that each family contribute a minimum donation of \$1,500.00 church support for the year.